



P. N. DAS COLLEGE

Santinagar, Palta, P.O.: Bengal Enamel, North 24 Parganas, Pin - 743122 (W.B.)
Phone : (033) 2592 1327, Fax : (033) 2592 1327, e-mail : pndc.principal11@gmail.com
Website : www.pndascollege.in

NAAC ACCREDITED - 2016

Ref.:

Date

ACTIVITY REPORT 2020-21

1. Name of Department / Committee / Cell: *Department of Physical Education, P.N. Das College*
2. Name of the Event / Activity: *Online Workshop on "Yoga for Beginners" on World Yoga Day*
3. Date(s) of the event: *21/06/2020*
4. Venue of the Event: *Online*
5. Nature of the Activity: *Workshop*
6. Level of the activity: *College*
7. Purpose / Aims / Objectives of the event: *To create awareness about the importance of Yoga Day among the students and to make them physically fit.*
8. Names and designations / professions of dignitaries, guests, participants:

Capacity	Name	Designation / Profession / Affiliating Institute / Organization
Chairperson	<i>Dr. Sharmila De</i>	<i>Principal, P.N. Das College</i>
Inaugurator	<i>Dr. Sharmila De</i>	<i>Principal, P.N. Das College</i>
Participant Speakers	<i>Dr. Ajit Das</i>	<i>Assistant Professor, Dept. of Physical Education, P.N. Das College</i>

9. Beneficiaries / participants / audience (Type and/or number): *38 no. of Students*
10. Outcome of the activity: *Development of physical fitness.*
11. Evidence produced (Lists, Certificates, letters, newspaper cuttings, etc.): *1 no. of Brochure & 2 No. of Screenshot of the Programme*



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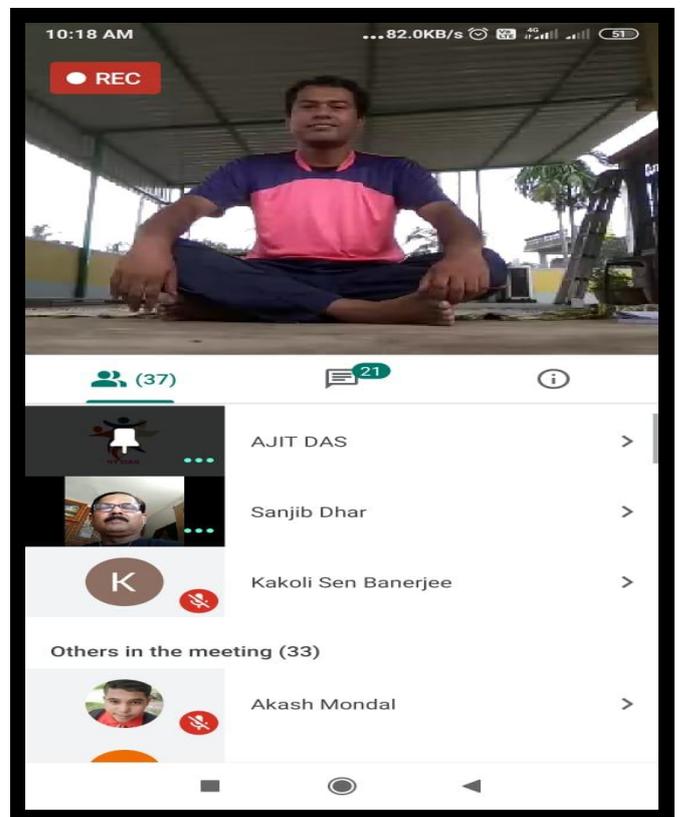
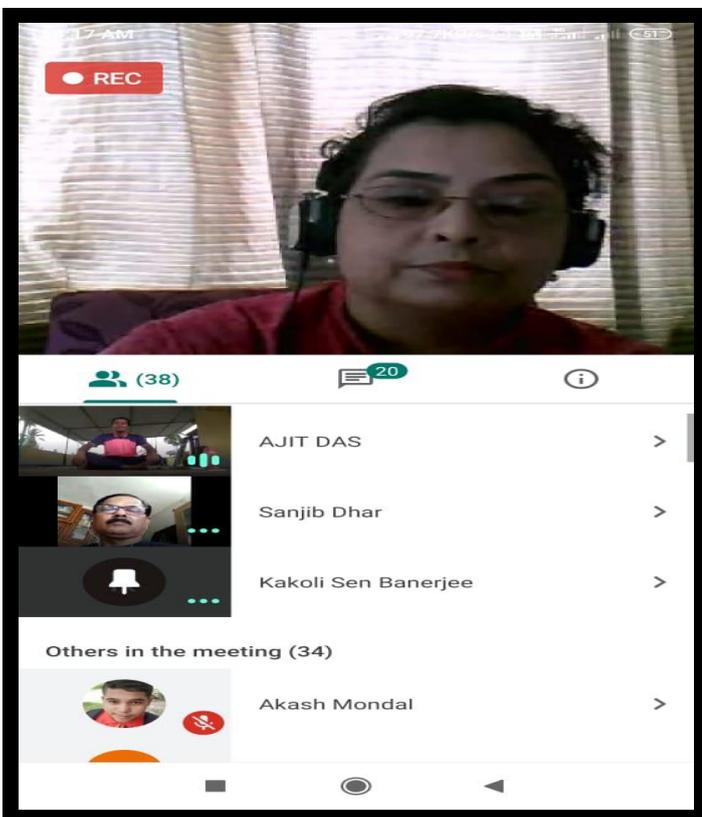
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Department of Physical Education
P.N. DAS COLLEGE
in collaboration with
IQAC
P.N. Das College
celebrates
INTERNATIONAL DAY OF YOGA
with an
ONLINE WORKSHOP
on
YOGA FOR BEGINNERS
conducted by
Dr. Ajit Das
Assistant Professor
Department of Physical Education
P.N. Das College
21ST JUNE 2020, 9.00 AM – 10.00 AM
Workshop will be conducted using the Google Meet Application
CLICK HERE FOR REGISTRATION
REGISTRATION OPEN TO ALL



Signature of the Principal