- 1. Name of Department / Committee / Cell: Physical Education
- 2. Name of the Event / Activity: Induction Programme of Semester-1
- 3. Date(s) of the event: **21.09.2020**
- 4. Venue of the Event: **Online, Google Meet**
- Nature of the Activity (Tick / underline the applicable choice): <u>programme</u> / function / event / competition / lecture / exhibition / camp / workshop / training / extension activity / rally / campaign / drive / celebration of days / extending help in terms of students, expertise, experience, etc.
- 6. Level of the activity (Tick / underline the applicable choice): *International / National / State / University / District / <u>College</u> / Local / Village / Gram Panchayet*
- 7. Name of the Sponsor / Collaborator, if any: P.N Das College
- 8. Purpose / Aims / Objectives of the event: Aims or Purpose of Student Induction Programme is to help new students adjust and feel comfortable in the new environment of the College. At the start of the induction, the students learn about the institutional rules, regulations, culture, syllabus and values. They also introduced with their classmates and teachers also.

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9.	Names and	designations /	professions (	of dignitaries,	guests, participants:

Capacity	Name	Designation / Profession / Affiliating Institute / Organization
Chairperson		<u>_</u>
Inaugurator		
Chief Guest		
Guest(s)		
Resource Person(s)	Dr. Ajit Das	Assistant Professor
Participant Speakers	Abhirupa Kundu	Students
	Ayantika Majumdar	Students
	Sayan Mondal	Students
	Purnandu Biswas	Students
	Aritrika Kar	Students

10. Name(s) of the Anchor(s): Dr. Ajit Das

- 11. Beneficiaries / participants / audience (Type and/or number): All Students
- 12. Outcome of the activity [Tick or underline the suitable alternative(s) and give details]: <u>awareness</u> / prizes won / social service / personality development (name the aspects) / skill testing or development, etc.

This programme helped the students to introduce themselves with classmates and teachers also.

13. Quantitative information: Number of teachers, students, participants, teams, events, categories, colleges, universities involved in the organization of the event:

Teacher: 01 Students: 12

- 14. Any other information/report/remarks/comments: The students enjoyed the programme enthusiastically. They gathered lots of information regarding the college and teachers. This program enriched their knowledge also.
- 15. Photographs (with captions) submitted (number): 03







16. Evidence produced (Lists, Certificates, letters, newspaper cuttings, etc.):



Ajit Das

21.09.2020 Signature & Name of Teacher/Person submitting the Report with Date

- 1. Name of Department / Committee / Cell: Physical Education
- 2. Name of the Event / Activity: One-day International Webinar on "Yoga in times of Pandemic"
- 3. Date(s) of the event: **26.09.2020**
- 4. Venue of the Event: **Online Google meet**
- 5. Nature of the Activity: International Webinar
- 6. Level of the activity (Tick / underline the applicable choice): <u>International</u> / National / State / University / District / College / Local / Village / Gram Panchayet
- 7. Name of the Sponsor / Collaborator, if any: **IQAC**, **P.N. Das College**
- 8. Purpose / Aims / Objectives of the event: During pandemic the students and teachers were suffering from mental insecurity, anxiety as well as physically illness. A negative impact of the students' mental and physical fitness was greatly observed. Due to lock down, they were suffering from physical activity crisis. This webinar attempts to educate yogic practice and grow immunity for all people so that they can return to their normal life.

Capacity	Name	Designation / Profession /
		Affiliating Institute /
		Organization
Inaugurator	Dr Sharmila De	Principal, P.N. Das College
Anchor	Prof. Kakoli Sen Banerjee	Associate Professor, P.N.
		Das College
Resource Person(s)	Dr. Adinath Chowdhury	Yoga Master and
		Physiotherapist, Singapore
	Dr. Malay Kumar Mukhopadhyay	Assistant Professor,
		P.G.G.I.P.E., Banipur
Participant		
Speakers		

9. Names and designations / professions of dignitaries, guests, participants:

- 10. Other staff/students involved in the organization of the event: All staff member of Department of Physical Education and IQAC members and also other faculties
- 11. Beneficiaries / participants / audience (Type and/or number): Attended by 204 faculty and students from different countries like Singapore, India and Vietnam.

- 12. Outcome of the activity [Tick or underline the suitable alternative(s) and give details]: awareness / prizes won / social service / personality development (name the aspects) / skill testing or development, etc.: **Development of Knowledge**
- 13. Evidence produced (Lists, Certificates, letters, newspaper cuttings, etc.):



Ajit Das

26.09.2020 Signature & Name of Teacher/Person submitting the Report with Date

- 1. Name of Department / Committee / Cell: Physical Education
- 2. Name of the Event / Activity: Wall Magazine
- 3. Date(s) of the event: **21.12.2020**
- 4. Venue of the Event: **College campus**
- Nature of the Activity (Tick / underline the applicable choice): programme / function / event / competition / lecture / exhibition / camp / workshop / training / extension activity / rally / campaign / drive / celebration of days / <u>extending help in terms of students</u>, expertise, experience, etc.
- 6. Level of the activity (Tick / underline the applicable choice): *International / National / State / University / District / <u>College</u> / Local / Village / Gram Panchayet*
- 7. Name of the Sponsor / Collaborator, if any: P.N. Das College
- 8. Purpose / Aims / Objectives of the event:
  - To increase the ability of creative work.
  - To increase knowledge about this topic.
- 9. Names and designations / professions of dignitaries, guests, participants:

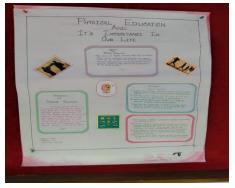
Capacity	Name	Designation / Profession / Affiliating Institute / Organization
Chairperson		
Inaugurator		
Chief Guest		
Guest(s)		
Resource Person(s)		
Participant Speakers		

10. Name(s) of the Anchor(s):

11. Other staff/students involved in the organization of the event: No

- 12. Beneficiaries / participants / audience (Type and/or number): 07
- 13. Outcome of the activity [Tick or underline the suitable alternative(s) and give details]: awareness / prizes won / social service / personality development (name the aspects) / <u>skill testing or development</u>, etc.
- 14. Quantitative information: Number of teachers, students, participants, teams, events, categories, colleges, universities involved in the organization of the event: Number of teachers: Dr. Ajit Das Participants: 07 Students Teams: 2<sup>nd</sup> Semester
- 15. Any other information/report/remarks/comments:
- 16. Photographs (with captions) submitted (number): 02





17. Evidence produced (Lists, Certificates, letters, newspaper cuttings, etc.):

Ajit Das

21.12.2020

Signature & Name of Teacher/Person submitting the Report with Date